
Wellness Program

The Superintendent or designee will oversee local school compliance with federal guidelines regarding local school wellness policy requirements contained in 204 of Public Law 10/-265, Child Nutrition, WIC Reauthorization Act of 2004 and Healthy, Hunger-Free Kids Act of 2010. Designee will convene a District Wellness Committee consisting of school system and community representatives from areas designated in federal law to participate in the development, implementation, and periodic review and assessment of school wellness policies.

Nutrition Education and Promotion

The school system shall teach, encourage and support healthy eating and wellness habits by students and staff. Students shall learn to take responsibility of their own health by adopting health enhancing attitudes and behaviors that will last a lifetime. The school system shall:

- Promote healthy eating habits throughout the school environment as defined by Nutrition Standards for All Food Sold in School by the Healthy, Hunger-Free Kids Act of 2010 (e.g. cafeteria, a la carte, snack bars/school stores, classroom snacks, ASP snacks, vending, fundraising).
- Promote Nutrition Education consistent with federal and state laws, standards and regulations. Nutrition Education will be age appropriate, reflect student cultures, and teaches the life-skills they need to adopt lifelong healthy eating habits.
- School-based marketing will be consistent with nutrition education and health promotion.

Physical Education and Physical Activities

The school system will provide a sequential program of physical education consistent with federal and state laws, standards and regulations. It is desired that every student develop the knowledge and competencies necessary to perform a variety of motor skills through physical activity to maintain physical fitness, regularly participate in physical activity, and understand the short- and long-term benefits of physical activity as it relates to healthy living. The District's physical education program is outlined in Administrative Rule IDB-R (Health Education).

Nutrition Standards

All foods or beverages made available by Bartow County Schools to students shall be in compliance with federal and state laws. Nutrition standards for all foods sold on school campuses during the school day shall comply with Healthy, Hunger-Free Kids Act of 2010 (see Form EEE-R-3). Designee shall follow State Board of Education guidelines when approving exempt fundraisers (see Form EEE-R-4)

Other School-Based Activities to Promote Student Wellness

- The School System shall support the integration of a farm to school program into the school food program and the curricular and co-curricular activities as appropriate to facilitate the nutritional and educational goals of the school district.

Implementation

Each school shall establish a designee(s) to measure and monitor implementation of this Rule annually by utilizing the standard instrument developed by the District Wellness Committee (See Form EEE-R-2).

O.C.G.A. 160-5-6-.01

Statewide School Nutritional Program

Federal Reference

7 CFR 2010.11

NSLP Competitive Foods

7 CFR 220.8

SBP Competitive Foods

Section 204 Public Law 108-265

Child Nutrition Reauthorization Act of 2004

Public Law 11-296

Healthy Hunger-Free Act of 2010