

National School Breakfast Week (March 4, 2019) CHO counts

Monday, March 4, 2019

Blueberry Cinnamon Twisted Stix: 24 g

Tuesday, March 5, 2019

Cheese grits & omelet: 24 g

Wednesday, March 6, 2019

French toast (37) w/ whipped topping (2): 39 g

Thursday, March 7, 2019

Cheese grits (23), bacon, toast (15): 38 g

**Fruit and milk option are available daily as per usual